

## 2012 FEEL THE ENERGY FAMILY 5K

OVERALL RESULTS -- FEEL THE ENERGY 5K OVERALL RESULTS  
 Results courtesy of Runlimited Timing results posted on  
 www.footoftherockies.com

Place	Div/Tot	Bib #	Name	Age	Sex	Guntime	Pace
1	1/40	1026	Peter Vail	37	M	16:51	5:26
2	1/14	1234	Bruce Rahmig	40	M	17:43	5:42
3	2/14	1244	John Costello	44	M	18:28	5:57
4	1/27	1020	Ryan Guldan	28	M	19:27	6:16
5	2/40	1229	Scott Petitmermet	35	M	19:32	6:18
6	3/40	1227	Jeremy Bradford	34	M	19:55	6:25
7	1/11	1140	Dan Valerio	51	M	20:18	6:32
8	2/27	1253	Freddue Barela	28	M	21:12	6:50
9	3/27	1048	Mike Stephens	26	M	21:15	6:51
10	4/27	1222	Joe Shull	23	M	21:16	6:51
11	5/27	1260	Justin Dudley	29	M	22:04	7:06
12	2/11	1123	Tom Donohoue	56	M	22:06	7:07
13	6/27	1219	Jordan Mattson	25	M	22:36	7:17
14	7/27	1057	Justin Simmons	24	M	22:43	7:19
15	4/40	1205	Wes Martin	38	M	22:44	7:19
16	8/27	1170	Matthew Campbell	29	M	22:48	7:21
17	1/31	1158	Kerri Nelson	22	F	22:55	7:23
18	9/27	1184	Daniel McCoy	24	M	23:07	7:27
19	5/40	1008	James Cantor	38	M	23:09	7:27
20	3/14	1038	Paul Upsons	43	M	23:23	7:32
21	10/27	1233	Nicholas Darschewski	27	M	23:34	7:35
22	6/40	1232	Ben Seymour	34	M	23:37	7:36
23	11/27	1190	Joe Martin	29	M	23:40	7:37
24	12/27	1258	Ty Soukup	28	M	23:49	7:40
25	3/11	1246	Russell Descognes	52	M	23:49	7:40
26	13/27	1055	Thomas Joyce	28	M	23:56	7:43
27	14/27	1169	Brian Derosé	27	M	23:56	7:43
28	7/40	1084	Kyle Allen	32	M	24:02	7:44
29	15/27	1261	Eddy Roberts	27	M	24:06	7:46
30	8/40	1216	Tate Makurumidze	32	M	24:16	7:49
31	1/42	1194	Mindy Propen	33	F	24:18	7:50
32	9/40	1215	Corey Knight	39	M	24:48	7:59
33	16/27	1254	Dan Kocab	28	M	24:57	8:02
34	4/14	1037	Gabriel Reyes	40	M	25:13	8:07
35	17/27	1041	Clay Cousins	29	M	25:15	8:08
36	18/27	1207	Rob Via	27	M	25:19	8:09
37	2/42	1064	Melissa Burdette	34	F	25:31	8:13
38	4/11	1243	Steve Sande	58	M	25:36	8:15
39	5/14	1077	Sterling Swartwout	47	M	25:42	8:17
40	10/40	1204	Nick Swartzendruber	35	M	25:46	8:18
41	3/42	1223	Dana Lodico	33	F	25:50	8:19
42	11/40	1245	Eric Vinton	38	M	26:01	8:23
43	12/40	1132	Simon Tolbert	31	M	26:03	8:23
44	19/27	1033	Torrey Mullen	24	M	26:26	8:31
45	1/4	1054	Natalie Swartwout	14	F	26:35	8:34

46	13/40	1217	James Kelly	30	M	26:43	8:36
47	20/27	1120	Peter Burns	28	M	26:56	8:40
48	1/6	1218	Paul Lewandowski	65	M	27:08	8:44
49	21/27	1046	Bill Gonzalez	29	M	27:15	8:47
50	6/14	1040	Jim Tinsley	46	M	27:17	8:47
51	14/40	1251	Travis Smith	32	M	27:18	8:48
52	15/40	1128	Chris McGrath	34	M	27:23	8:49
53	1/11	1079	Roxanne Erb	51	F	27:33	8:52
54	5/11	1080	Eldon Erb	53	M	27:33	8:52
55	7/14	1074	Anthony Lupica	44	M	27:43	8:56
56	2/31	1000	Anna Frost	27	F	27:45	8:56
57	3/31	1209	Jessica Tietz	27	F	27:49	8:58
58	16/40	1062	Todd Burdette	36	M	27:57	9:00
59	4/31	1259	Heidi Schuman	29	F	28:03	9:02
60	6/11	1025	Brian Rose	51	M	28:23	9:08
61	5/31	1162	Natalie Ehlers	22	F	28:44	9:15
62	17/40	1231	Adam Shelton	32	M	29:08	9:23
63	4/42	1076	Stacy Johnson	33	F	29:22	9:27
64	18/40	1075	Chris Galligan	34	M	29:23	9:28
65	5/42	1045	Leslie Gonzalez	31	F	29:24	9:28
66	6/42	1007	Elvira Lyons	38	F	29:24	9:28
67	6/31	1257	Stephanie Mullen	24	F	29:30	9:30
68	7/11	1241	Jerry Pratt	58	M	29:34	9:31
69	7/42	1042	Rachel Ferris	32	F	29:40	9:33
70	22/27	1050	Spencer Kimball	27	M	29:41	9:34
71	8/42	1263	Laura Klein	30	F	29:42	9:34
72	8/14	1086	Sean Virnich	41	M	29:42	9:34
73	7/31	1051	Emily Epstein	27	F	29:42	9:34
74	1/6	1172	Ethan Clemens	10	M	29:43	9:34
75	19/40	1171	Kevin Clemens	35	M	29:45	9:35
76	2/6	1230	Doug Tollin	67	M	29:58	9:39
77	9/14	1131	Jack Luellen	48	M	30:05	9:41
78	8/31	1052	Angela Robine	24	F	30:08	9:42
79	3/6	1036	Richard Fullerton	64	M	30:09	9:43
80	9/31	1201	Paulina Chognard	23	F	30:14	9:44
81	20/40	1235	Scott Sterling	36	M	30:44	9:54
82	9/42	1197	Kristina Neufeld	32	F	30:47	9:55
83	1/2	1191	Jim Peterson	73	M	30:55	9:57
84	1/18	1085	Trista Merz	40	F	31:03	10:00
85	10/31	1112	Caitlin McCarthy	24	F	31:04	10:00
86	21/40	1135	Ron Lev	31	M	31:12	10:03
87	2/18	1252	Kim Puerce	41	F	31:20	10:05
88	11/31	1175	Erin Struzzieri	28	F	31:48	10:14
89	23/27	1163	Michael Rodine	27	M	31:50	10:15
90	22/40	1228	Jimmy Dahl	35	M	31:56	10:17
91	10/42	1063	Daphne Manns	37	F	32:02	10:19
92	11/42	1212	Danielle Carroll	35	F	32:11	10:22
93	12/31	1224	Kylee Tomassoni	26	F	32:12	10:22
94	23/40	1065	Dante Tomassoni	30	M	32:12	10:22
95	3/18	1113	Colleen Booker	41	F	32:21	10:25
96	13/31	1203	Mauri Larson	29	F	32:31	10:28
97	12/42	1148	Christy Rosenfeld	31	F	32:34	10:29
98	24/40	1149	Jason Rosenfeld	33	M	32:34	10:29
99	25/40	1118	Travis Lindsey	37	M	32:44	10:32

100	13/42	1226	Hillary Ellis	36	F	32:47	10:33
101	14/42	1142	Elayna Fiene	30	F	32:47	10:34
102	15/42	1058	Patricia Nelson	39	F	33:01	10:38
103	16/42	1198	Cherie Browning	31	F	33:56	10:56
104	17/42	1101	Ny Cabs	37	F	34:05	10:58
105	8/11	1056	Stanley Chinn	50	M	34:07	10:59
106	18/42	1027	Mandi Kennedy	35	F	34:24	11:05
107	14/31	1043	Melissa Schorg	27	F	35:02	11:17
108	26/40	1044	Anthony Schorg	32	M	35:02	11:17
109	10/14	1165	Kim Mount	49	M	35:05	11:18
110	15/31	1180	Lindsay Davis	27	F	35:11	11:20
111	19/42	1061	Amy Vasquez	30	F	35:16	11:22
112	20/42	1060	Holly Clark	36	F	35:19	11:22
113	4/18	1255	Noelle Tinsley	49	F	35:31	11:26
114	16/31	1208	Alli Beck	27	F	35:49	11:32
115	5/18	1029	Chris Schultz	47	F	36:00	11:35
116	6/18	1028	Dezja Schultz	40	F	36:00	11:35
117	21/42	1242	Megan Beirle	31	F	36:06	11:37
118	24/27	1116	Robbie Miller	27	M	36:40	11:48
119	22/42	1138	Jillian Sterner	31	F	37:11	11:58
120	27/40	1139	Corey Sterner	34	M	37:12	11:59
121	25/27	1049	Jason Rayburn	28	M	37:22	12:02
122	4/6	1239	Dana Howell	65	M	37:27	12:03
123	28/40	1019	Christopher Santos	36	M	37:57	12:13
124	17/31	1189	Savannah Mills	29	F	38:12	12:18
125	23/42	1053	Rebecca Hartsough	31	F	38:13	12:18
126	7/18	1018	Corina Santos	41	F	38:32	12:25
127	29/40	1137	Chad Repko	34	M	38:40	12:27
128	18/31	1117	Aubrey Miller	26	F	38:52	12:31
129	2/6	1107	Brayden Vaughn	2	M	39:30	12:43
130	8/18	1179	Jill Angelo	45	F	41:16	13:17
131	24/42	1159	Heather North	37	F	41:16	13:17
132	2/11	1066	Linda Johnson	52	F	41:28	13:21
133	3/11	1210	Mary Zadikoff	53	F	41:29	13:21
134	25/42	1160	Susan Fakharzadeh	36	F	42:15	13:36
135	30/40	1161	Brian Fakharzadeh	37	M	42:17	13:37
136	5/6	1003	Leo Garcia	64	M	42:22	13:38
137	26/42	1178	Stephanie Spurlock	31	F	42:33	13:42
138	19/31	1012	Olga Mallett	27	F	42:57	13:50
139	9/18	1013	Anna Mallett	46	F	42:58	13:50
140	20/31	1225	Elizabeth Smith	29	F	43:34	14:02
141	31/40	1237	Brian Duffy	31	M	44:08	14:13
142	1/1	1236	Mary Salsich	60	F	44:09	14:13
143	21/31	1238	Brittany Mendelsohn	27	F	44:09	14:13
144	22/31	1240	Niki Cousins	26	F	44:10	14:13
145	4/11	1192	Betsy Odell	52	F	45:04	14:31
146	5/11	1156	Valerie Barbour	57	F	45:05	14:31
147	6/6	1127	Gary Spaulding	63	M	45:05	14:31
148	23/31	1141	Jennifer Leblanc	27	F	45:05	14:31
149	6/11	1126	Karen Spaulding	55	F	45:06	14:31
150	10/18	1186	Annette Dupuis	45	F	45:06	14:31
151	11/14	1145	Keith Zaring	46	M	45:53	14:46
152	11/18	1144	Mollie Zaring	46	F	45:53	14:47
153	3/6	1032	Dylan Westall	3	M	48:57	15:46

154	2/4	1102	Tyler Cabs	15	F	48:59	15:46
155	27/42	1030	Brooke Westall	32	F	48:59	15:46
156	32/40	1031	Chad Westall	38	M	48:59	15:46
157	24/31	1122	Elizabeth Sizemore	29	F	49:04	15:48
158	26/27	1121	Christian Sizemore	26	M	49:04	15:48
159	28/42	1009	Deanna Duell-Smed	38	F	49:52	16:03
160	7/11	1199	Berni Guest-Weaver	59	F	49:53	16:04
161	12/18	1129	Kym Forgrave	40	F	49:58	16:05
162	29/42	1151	Penni Louise	34	F	50:00	16:06
163	25/31	1039	Susanna Anderson	27	F	50:09	16:09
164	26/31	1034	Jillian Ledford	28	F	50:15	16:11
165	13/18	1214	Vicki Leonard	43	F	50:31	16:16
166	27/31	1213	Stephanie Osif	26	F	50:31	16:16
167	33/40	1082	Chris Cassle	38	M	50:34	16:17
168	30/42	1081	Amanda Huffer	33	F	50:34	16:17
169	8/11	1195	Kelly Donohoue	54	F	50:35	16:17
170	31/42	1001	Julie Hoffman	36	F	50:47	16:21
171	34/40	1002	Chris Kragness	37	M	50:47	16:21
172	28/31	1115	Jessica Dembeck	28	F	51:39	16:38
173	27/27	1114	Jake Dembeck	27	M	51:40	16:38
174	3/4	1094	Ayana McLean	16	F	51:41	16:39
175	9/11	1256	Jeff Davis	50	M	51:49	16:41
176	4/4	1088	Imani McLean	18	F	51:49	16:41
177	32/42	1089	Yolanda Maxwell	35	F	51:53	16:42
178	33/42	1206	Nikki Martin	35	F	52:05	16:46
179	29/31	1130	Kelly Covington	29	F	52:14	16:49
180	10/11	1200	Michael McBride	58	M	52:40	16:57
181	14/18	1083	Bonnie Solomon	47	F	52:40	16:57
182	2/2	1166	Larry Myers	74	M	53:41	17:17
183	1/2	1110	Autumn Jones	10	F	54:02	17:24
184	35/40	1104	Daniel Vaughn	30	M	54:11	17:27
185	34/42	1105	Simone Vaughn	34	F	54:12	17:27
186	35/42	1220	Heidi Hande	33	F	54:28	17:32
187	15/18	1157	Gina Matero	44	F	54:28	17:32
188	4/6	1168	Wyatt Myers	3	M	54:35	17:35
189	12/14	1024	Pascal Deseau	44	M	55:04	17:44
190	9/11	1023	Laurie Deseau	55	F	55:04	17:44
191	36/40	1092	Seneca Gant	31	M	55:11	17:46
192	37/40	1010	Wade Pollard	34	M	55:30	17:52
193	38/40	1262	Bryce Wintus	33	M	55:32	17:53
194	36/42	1021	Rebecca Mickey	32	F	55:33	17:53
195	39/40	1188	Lamar Jost	36	M	56:04	18:03
196	37/42	1187	Jamie Jost	36	F	56:13	18:06
197	38/42	1011	Erin Pollard	34	F	58:27	18:49
198	39/42	1108	Shannon Jones	34	F	59:51	19:16
199	16/18	1071	Janine Tribolet	49	F	1:01:17	19:44
200	17/18	1069	Rebecca Earl	46	F	1:01:24	19:46
201	18/18	1070	Angela Tribolet	48	F	1:01:24	19:46
202	11/11	1073	Todd Schuitema	50	M	1:01:25	19:46
203	40/42	1016	Jessica Rosset	34	F	1:01:50	19:55
204	10/11	1017	Kim Riley	54	F	1:01:51	19:55
205	30/31	1211	Jessie Speicher	27	F	1:02:23	20:05
206	11/11	1164	Sarah Speicher	58	F	1:02:24	20:05
207	13/14	1100	Edward Cabs	41	M	1:04:01	20:37

208	5/6	1103	Kyle Cabs	11	M	1:04:07	20:39
209	2/2	1095	Ryan Cabs	10	F	1:04:13	20:40
210	6/6	1099	Neko Daniels	5	M	1:06:28	21:24
211	31/31	1093	Michelle Satchell	26	F	1:06:49	21:31
212	14/14	1096	Shaun Daniels	40	M	1:07:00	21:34
213	41/42	1097	Carol Maez	37	F	1:07:45	21:49
214	1/2	1098	Eric Daniels	16	M	1:07:46	21:49
215	40/40	1109	Arthur Jones	36	M	1:08:10	21:57
216	42/42	1221	Christine Nierenz	39	F	1:08:33	22:04
217	2/2	1014	Ralph Mallett	14	M	1:13:09	23:33

